



Thomas Weber

# A GOOD DAY HAS 100 POINTS

... and other ways to change the world, day for day

2nd edition

Klappenbroschur, 216 Pages, 140 x 220

ISBN: 9783701733422

€ 20,00 incl. VAT

Release date: 29.10.2014

## Anyone can make the world a better place!

We are living on borrowed time – the message has reached most people now. But is it much help to be told no-one should be consuming more than 6.8 kilos CO2 a day? How can we still have a satisfying life? This book provides concrete answers: “A good day has 100 points,” an open-source campaign has claimed, evaluating everything we do, every consequence of our daily lives, using a points system. The system is derived from academic research, which Thomas Weber has used as a basis for his book, thinking it through and applying it to daily life. He introduces initiatives such as ‘wwoofing’ and ‘foodsharing’, visits repair networks, and explains why we should be eating carp rather than tuna fish.

## THOMAS WEBER

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born in 1977, lives and works in Vienna. He is a journalist and editor for "The Gap" (a magazine for style and discourse) and "Biorama" (a magazine about sustainable lifestyles). He was co-founder of the advertising agency Mountain Mill (advertises for good causes) and can be found on Twitter (@th\_weber).