

## Georg Fraberger

## How to become and remain a happy couple

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## We can't order our heart to like or dislike someone.

A romantic relationship is an exchange, in which a person gives a part of themselves in order to become something bigger with another person. But managing this exchange isn't easy. Often there is inner resistance. Our mind may speak against love or our life partner, while our body disagrees and grows weak at the sight of the other. We might go soft in the knees or experience fear of loss. Love within a relationship can go off balance. But there are ways to experience love as a profound exchange, without strain or pressure and without obligation. Georg Fraberger analyses love and sexuality and reveals how we can develop a fulfilled partnership. He is also very candid in describing his own relationship to his wife and their path towards a stable marriage.

## **GEORG FRABERGER**

born 1973 in Vienna, is a psychologist and author. He works as a psychologist at the Vienna General Hospital. In addition, Fraberger has published several books, including "Ohne Leib mit Seele" (2013) and currently "Wie werde ich Ich". Georg Fraberger is married and has four children.