



Peter Strasser

# NOT A DAY WITHOUT RELAXATION

From the series "Keeping Uncalm"

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An amusing book for philosophy lovers about the deeply human nature of human nature.

Philosophy starts with someone thinking unhealthy thoughts. The philosopher in this book however, is not some wacky freelancer. No, he is a civil servant living in a humble civil servant's apartment with a lifelong job guarantee like it is no longer found in today's world. As an upright civil servant he never tires of explaining the nature of his special subject to young people: "Philosophizing means learning to relax!" Together with his companions, the full-blooded pug Paul, the two guinea pigs Fritzi & Fratzi and his friend Idiot, our lover of wisdom stumbles through life, shaking, but determined to face each apocalypse that life confronts him with.

## PETER STRASSER

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is a professor for Philosophy and Philosophy of Law at Karl-Franzens University, Graz, and a guest professor at Klagenfurt University. Since 2003 he has been the author of the weekly column "Die vorletzten Dinge" (The second-to-last things) in the daily newspaper Die Presse. His numerous publications include "Die einfachen Dinge des Lebens" (The simple things in life) (2009), "Sehnsucht" (Desire) (2010) and "Was ist Glück?" (What is happiness?) (2011).