



Judith Grohmann

Abt Gregor Henckel Donnersmarck

## ORA @ LABORA

On God and creation and paradise on earth

With numerous photos

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Is God the better manager? The abbot of the “singing monks” answers questions that affect us all.

The basic motto of Saint Benedict – “work and pray” – is followed in the monastery. Does that make monks happier people? Doesn't an abbot also have to function a crisis manager? Abbot Gregor Henckel Donnersmarck, who had a successful business career before he heard the calling, tells how he and his community in the Monastery of the Holy Cross deal with the trials and tribulations of everyday life. And why the monks' prayers on the album “Chant – Music for Paradise” were sold over a million times worldwide. Abbot Gregor bases his beliefs on the three Christian virtues faith, hope and love, which are supported by the four Cardinal virtues temperance, prudence, fortitude and justice. He shares his personal experiences to illustrate why religion, spirituality and values are such important sour...

### JUDITH GROHMANN

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geboren 1966 in Wien, ist als freie Journalistin im Themenbereich Wirtschaft tätig für Magazine und Tageszeitungen in Deutschland, der Schweiz und Österreich und seit 2003 als Österreich-Korrespondentin für den "Münchner Merkur". Sie lebt und arbeitet zwischen Wien, Paris und Nizza. Zuletzt erschienen: "Das Ösi-Phänomen. Was die Österreicher so erfolgreich macht" (2006) und "ora @ labora" (2010).

### ABT GREGOR HENCKEL DONNERSMARCK

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born in 1943 in Breslau, joined the Cistercian Abbey Heiligenkreuz in 1977, after making his career as a manager in commerce. Since 1999, he is the Abbot of Heiligenkreuz.