



Martin Grassberger

QUIET DEATH

Why we need an agricultural revolution if we want a healthy future

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Environmental pollution, industrial agriculture and depletion of arable soil cause chronic illnesses. What can be done?

While the world population is rapidly heading for 8 billion, and more and more people want to enjoy a slice of prosperity, chronic illnesses are gradually spreading across all age groups and social classes. Warnings about imminent threats such as environmental pollution, soil depletion and loss of biodiversity largely go unheard. Human biologist and doctor Martin Grassberger demonstrates a direct link between the ruthless destruction of nature and the creeping epidemic of chronic illnesses. The insights are sobering, but Grassberger also indicates possible ways to remedy the current global health and environmental crisis. A highly relevant book!

MARTIN GRASSBERGER

Grassberger was born in 1972 and studied medicine and biology in Vienna. He lectures at the University of Vienna's Faculty for Natural Science and at the Faculty of Medicine of the Sigmund Freud University in Vienna, covering the fields of human biology, evolutionary medicine, forensic medicine and pathology. Grassberger is the author of numerous published works and practises regenerative ecological horticulture in Lower Austria. Published by Residenz Verlag: Das leise Sterben (2019).