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# THE PHILOSOPHER IN THE POT

Thinking Eaters - Eating Thinkers

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"Die erste Bedingung, dass Du etwas in Dein Herz und Deinen Kopf bringst, ist, dass Du etwas in Deinen Magen bringst." Ludwig Feuerbach

The one who is thinking a lot has to eat a lot, too. One thing is for sure: A slow metabolism attests mental laziness! "Primum vivere, deinde philosophare": First living, then philosophy. Freely adapted from Schopenhauer, this book follows philosophers through everyday life, to the place where it is most surprising and tasteful: to the dinner table. Out of letters, diary entries and side chapters of their main opus, the favourite dishes and the often obscure dinner rituals of the great thinkers are reconstructed. We accompany them on their culinary journeys through Europe and watch how nutrition left its marks in their philosophy or even influenced it significantly. You think like Nietzsche? Then why not eat like he did! Invite for a dinner marked by your favourite philosopher and amus...

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Klaus Ebenhöh, born 1971 in Melk, studies of ethnology and journalism, numerous stays abroad, long lasting engagements in Brazil, freelance journalist, author and guide for study tours.

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